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| **Disaster Supplies Checklist** |

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| **First Aid Supplies** | **Quantity** |
| 5” x 9” Sterile dressing |  |
| Conforming roller gauze bandage |  |
| 4” x 4” sterile gauze pads |  |
| Roll 3” cohesive bandage |  |
| Hand Sanitizer (pump, large) |  |
| Antiseptic wipes |  |
| Medical grade, Non-latex gloves |  |
| Tongue depressor blades |  |
| Adhesive tape 2” width |  |
| Paper tape 2” |  |
| Paper tape 4” |  |
| Antibacterial ointment |  |
| Cold pack |  |
| Scissors (small, personal) |  |
| Tweezers |  |
| Assorted sizes of Safety Pins |  |
| Cotton balls |  |
| Thermometer (w/ sheaths) |  |
| Tube of petroleum jelly or other lubricant |  |
| Band-Aids |  |

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| **Sanitation and Hygiene Supplies** | **Quantity** |
| Washcloths and towels |  |
| Heavy-duty plastic garbage bags |  |
| Large household bleach |  |
| Toilet paper |  |

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| **Kitchen Items** | **Quantity** |
| Manual can opener |  |
| Paper cups |  |
| Paper plates |  |
| Plastic utensils |  |
| All-purpose knife (Ex: Leatherman, Swiss Army Knife) |  |
| Small household liquid bleach (To treat drinking water) |  |
| Sugar, Salt, Pepper |  |
| Aluminum foil and plastic wrap |  |
| Resealable plastic bags |  |

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| **Equipment and Tools** | **Quantity** |
| Portable, battery powered radio and extra batteries |  |
| Flashlights and extra batteries |  |
| Signal flares |  |
| Matches in waterproof container |  |
| Shut of wrenches, pliers and other tools |  |
| Duct tape, scissors |  |
| Whistle |  |
| Paper, pens, pencils and spirals |  |
| Needles and thread |  |
| Large containers |  |
| Tarps |  |
| Lanterns |  |

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| **Food and Water** | **Quantity** |
| Water (at least 3 gallons per person) |  |
| Tuna (canned) |  |
| Mayonnaise |  |
| Boxed juices |  |
| Soup |  |
| Peanut butter |  |
| Jelly |  |
| Low sodium crackers |  |
| Granola bars |  |
| Trail mix |  |
| Hard candy (Jolly Ranchers) |  |
| Instant coffee |  |
| Tea bags |  |
| Variety Pack of crackers |  |
| Pop tarts |  |