

SUN MON TUES WED THURS FRI SAT

AM

| | | | | | | | |
|----------|--|--|--|--|--|--|--|
| 6a-2p | | | | | | | |
| 6a-2p | | | | | | | |
| TRAINING | | | | | | | |

PM

| | | | | | | | |
|----------|--|--|--|--|--|--|--|
| 2p-10p | | | | | | | |
| 2p-10p | | | | | | | |
| | | | | | | | |
| TRAINING | | | | | | | |

ON

| | | | | | | | |
|----------|--|--|--|--|--|--|--|
| 10p-6a | | | | | | | |
| 10p-6a | | | | | | | |
| TRAINING | | | | | | | |

AM

| | | | | | | | |
|----------|--|--|--|--|--|--|--|
| 6a-2p | | | | | | | |
| 6a-2p | | | | | | | |
| TRAINING | | | | | | | |

PM

| | | | | | | | |
|----------|--|--|--|--|--|--|--|
| 2p-10p | | | | | | | |
| 2p-10p | | | | | | | |
| | | | | | | | |
| TRAINING | | | | | | | |

ON

| | | | | | | | |
|----------|--|--|--|--|--|--|--|
| 10p-6a | | | | | | | |
| 10p-6a | | | | | | | |
| TRAINING | | | | | | | |

AM

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|-------------|--|--|--|--|--|--|--|
| 7a-1p | | | | | | | |
| TRAINING | | | | | | | |
| PM | | | | | | | |
| 3:30p-5:30p | | | | | | | |
| TRAINING | | | | | | | |