

# WELCOME

**Thank you for taking the time to consider  
New Haven for you or your loved one.**

New Haven is proud to offer the very best experience in memory care. Our team is dedicated to providing you with much more than a place to live. Our passion is to provide a home where our residents can thrive among all the comforts of home.

Our mission is to provide a comfortable environment for our residents by offering personalized quality care, tailored services and amenities. Suiting our residents' personal needs and desires is our passion and that is why New Haven is a premier provider in senior living.

Our commitment to you begins now, we hope you take these important steps to make New Haven Memory Care your new home. Our family is your family, and we are always available to assist you in any way possible.

***Welcome home!***



**NEW HAVEN**

MEMORY CARE

Serving TX Since 2013



# SERVICES & AMENITIES



**New Haven Memory Care provides around-the-clock, personalized care in an inviting residential setting. Our compassionate caregivers ensure your loved one receives tailored care they need and quality of life they deserve.**

## OUR GORGEOUS PROPERTY FEATURES:

- Secure courtyard & outdoor gardening
- Relaxing outdoor patio seating
- Cozy nooks for reading, playing games, or visiting with friends
- Family dining room
- Living room with a cozy fireplace
- Intimate and safe environment
- Private, on-site, full-service salon, where you can schedule:
  - Wash and set
  - Haircuts
  - Grooming
  - Manicures and Pedicures
- Handicap accessibility designed residence for individuals

## PROVIDED BY NEW HAVEN:

- Three delicious, fresh chef-prepared meals & snacks
- Bistro
- Private, handicap accessible, suite with:
  - Private bathroom
  - Spacious closet
  - Personal air controls
- Weekly housekeeping & laundry service
- Complementary cable & Wi-Fi services
- 24/7 care & supervision
- Resident focused dementia approaches
- Individualized care plan
- Life Enrichment programs tailored to resident's interests
- Health & Wellness programs

*Thinking of something that would make your loved ones experience better? Just ask us! It is our goal to provide a comfortable home for our residents.*



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# SAMPLE MENU



## BREAKFAST

*Egg of Choice, Bacon*  
*English Muffin, Fresh Fruit*

## LUNCH

*Roasted Pork Tenderloin*  
*Rosemary Potatoes, Light Caesar*  
*Salad, Fresh Vegetables, Carrot Cake*

## DINNER

*Smoked Turkey Club Panini, Dill*  
*Cucumber Salad, Creamy Tomato*  
*Soup, Peach Cobbler and Ice Cream*

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*Chef will have a daily signature dish,  
with alternate menu options*



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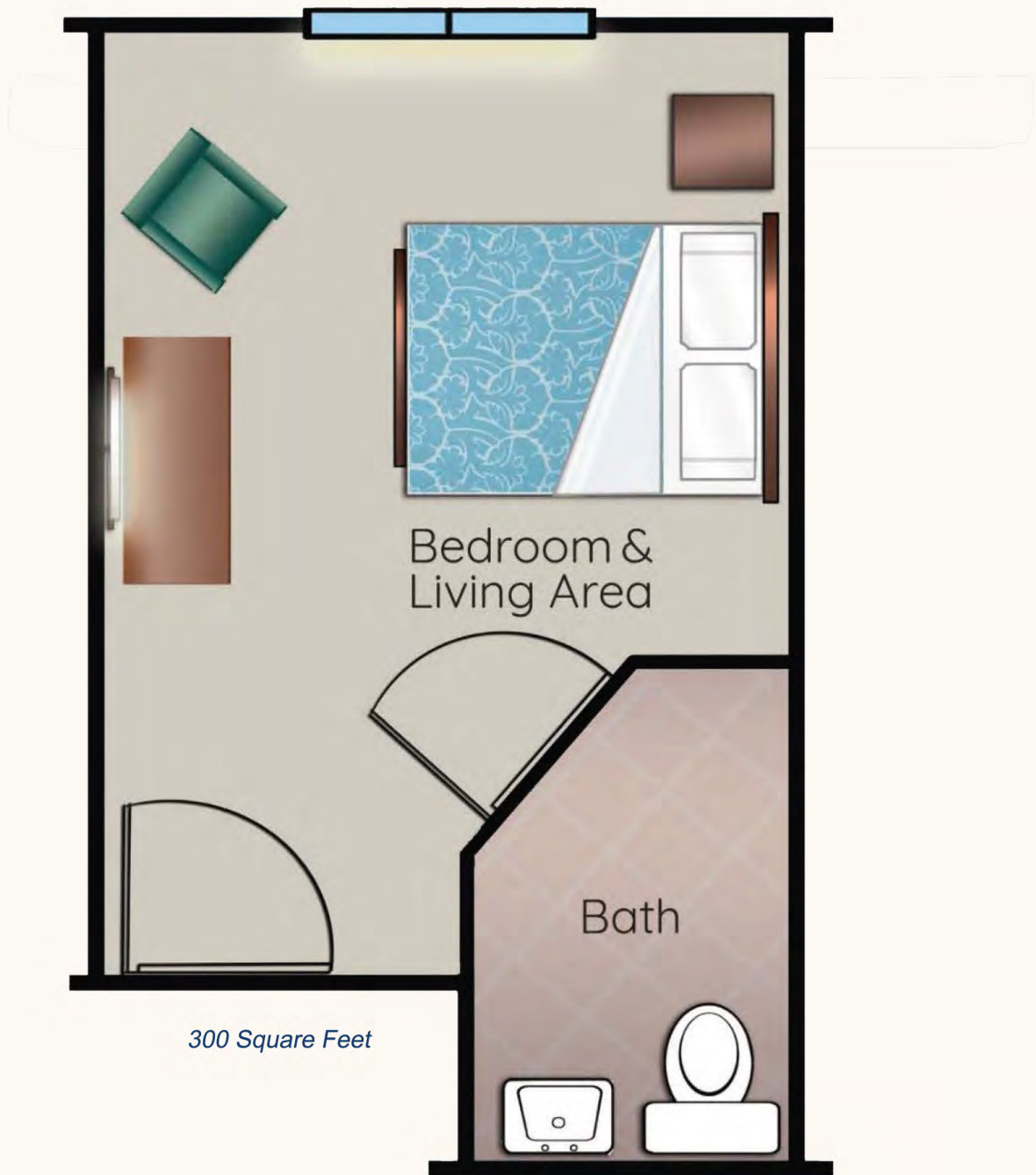
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# FLOOR PLAN



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## ELEVATED DINING PROGRAM

New Haven understands the importance of providing fresh prepared homemade meals. Our Chefs strive to bring in fresh produce weekly and as often as we can purchase from local sources. Our goal is to incorporate fresh seasonal options into our menus that are nourishing to both the body and mind.



- *Alternate and Always Available Menu* offering residents a variety of heart healthy choices that cater to a wide array of tastes and dietary preferences.
- *Daily Snack Menu* offering nutritional snack options such as smoothies using fresh-all-natural ingredients that provide vitamin, minerals and fiber giving residents a healthy daily dose of fruits & vegetables.
- Monthly food committee with our Chefs to discuss menu, meals, upcoming birthday celebrations and special events.



# ALTERNATE MENU

## Grilled Chicken Salad

*Fresh mixed greens, grilled chicken, tomatoes  
and your choice of dressing*

## Grilled Cheese and Tomato Soup

*Buttered bread lightly toasted, american cheese  
served with a cup of tomato soup*

## Cottage Cheese Fruit Plate

*Cottage cheese with a side of seasonal mixed fruit*

# ALWAYS AVAILABLE MENU

## Cereal

*Hot Oatmeal  
Cold Cereal of Choice  
(Upon Availability)*

## Peanut Butter & Jelly Sandwich

## Sandwich of Choice

*Cold cut sandwich with your choice of  
turkey or ham, variety of cheese, topped  
with fresh lettuce and tomato*

## Soup of Choice

*Tomato Soup  
Chicken Noodle Soup*

# SNACK MENU

**10:00 AM**

*Smoothie*

**2:00 PM**

**SUNDAY**

*Ice Cream*

**MONDAY**

*Yogurt Fruit Parfait*

**TUESDAY**

*Celery & Peanut Butter*

**WEDNESDAY**

*Cut Grapes & Cheese*

**THURSDAY**

*Cookies*

**FRIDAY**

*Cinnamon Raisin Bread w/ Cream Cheese*

**SATURDAY**

*Carrots w/ Ranch Dip*

**7:00 PM**

*Choice of one:  
Peanut Butter Crackers  
Banana*



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# *Café Fresco Bistro*

*filling happy, healthy, hearts...*

New Haven understands the importance of providing healthy food options that are nourishing to both the mind and body. Café Fresco Bistro serves fresh healthy snack options daily for our residents to choose from.

Café Fresco Bistro offers options with nutritional value such as tailor-made smoothies using fresh all-natural ingredients that provide a daily dose of fruits and vegetables. Another favorite option is our yogurt parfait topped with fresh fruits and granola providing vitamin, minerals and much needed fiber that promotes a healthy digestive system.

New Haven understands many residents have special diets and restrictions, that is why we try to offer a variety of healthy snack options personalized to fit each residents' dietary preferences.



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[www.NewHavenAssistedLiving.com](http://www.NewHavenAssistedLiving.com)