



NEW HAVEN
ASSISTED LIVING & MEMORY CARE
Serving TX Since 2013

Accu Chek Competency Checklist

Name: _____

Facility Location: _____

Date: _____

Individual Initials: _____ Competency Number: _____

NURSE SIGNATURE	SKILL
	Check Resident MAR
	Wash Hands
	Gathers needed equipment: glucometer, glucose strips, alcohol pads, gauze pads, gloves
	Ensures resident is in a private setting
	Advise individual of procedure
	Apply gloves, cleanse site to be tested (fingertip) (if using alcohol, allow to dry)
	Turns on glucometer by inserting testing strip
	Properly uses lancet and injects site
	Wipes first drop of blood away with gauze, and tests with second drop
	While holding individual's finger, allows sip-in of blood on testing strip
	Wipes site while applying pressure with a clean dry gauze pad until bleeding stops, then disposes of lancet into sharps container
	Remove gloves
	Reads results and documents on MAR
	Cleans and understands proper maintenance of glucometer
	Gathers and puts away all equipment in designated area

Comments:

RN DELEGATOR SIGNATURE

DATE

LVN DELEGATOR SIGNATURE

DATE