**NURSE DELEGATION:**

**INSTRUCTIONS FOR GENERAL NURSING TASK**

General delegated tasks are those tasks that the Nurse identifies as general in nature and once learned can be performed for all resident. The CAREGIVER to whom the task is delegated must demonstrate the ability to perform the task as instructed by the Nurse. By signing this delegation form, the CAREGIVER being delegated agrees to perform the task as taught. The Nurse will review the CAREGIVER performance annually or as needed to assure continued competency in performance of the task.

**General task: MEASURING RESPIRATIONS**

**Supplies Needed**

* A wrist watch with second hand

**Procedures/Steps to follow to perform the task**

1. Explain the procedure to the resident
2. Assist the resident to a position of comfort, preferably sitting
3. Count respirations by watching the rise and fall of the chest by either:
	1. Placing our hand on the resident’s chest to feel it rise and fall
	2. Or physically observing the rising and fall of the chest
4. Use a watch and count respirations for a full minute. One breath is made up of both one inspiration and one expiration
5. Provide resident comfort measures
6. Wash hands or sanitize hands if no bodily fluids are present

**Outcomes**

Will obtain accurate measurement of resident respirations.

POTENTIAL RISK/SIDE EFFECTS AND APPROPRIATE ACTIONS TO DELAWITH THEM (INCLUDE WHAT TO OBSERVE FOR AND REPORT, WHAT TO DO, AND WHOM TO CONTACT)

Notify nurse if resident is experiencing difficulty breathing or if parameters listed on MAR are exceeded.